



D2P10

Saturday, February 24, 2018

8:00 a.m. – 12:30 p.m.

Springfield Southeast High School

2350 East Ash Street

Springfield, IL

10th Annual Disability to Possibility

Presented by:

Springfield Public Schools

Springfield Parents for Students with Disabilities (SPSD)

****FREE CONFERENCE****

- ❖ **Keynote Speaker** ~ Patrick Schwarz, Ph.D.
- ❖ Featured speakers include an area physician, psychologists, social worker, behavior analyst, advocates, and other area professionals
- ❖ Practical information about your child's education
- ❖ Community resource fair with numerous exhibitors
- ❖ Learn how to complete necessary forms for local and state resources that are available to students with disabilities
- ❖ Connect with other parents
- ❖ Childcare provided at no charge
- ❖ CPDUs available

Register online at www.sps186.org or by calling 217-525-3060.

OVER 

SCHEDULE

8:00 – 8:45	Registration & Exhibitors
8:45 – 9:00	Welcome/Opening Remarks
9:00 – 10:20	Keynote – Patrick Schwarz, Ph.D.
10:40 – 11:30	Breakout Session 1
11:40 – 12:30	Breakout Session 2
12:40 – 1:45	Parent Leadership Summit (Limited seating, requires pre-registration)

BREAKOUT SESSION 1

- **Programs of The Arc of Illinois ~ Deb Fornoff**
What they are and how they can help.
- **Promoting Executive Functioning Skills ~ Anna Hickey**
Overview of different executive functioning skills (including their relevance to different diagnoses); discuss strategies to accommodate skill deficits and to help develop executive functioning skills in children and adolescents.
- **Nourish the Brain ~ Nicole Florence, MD**
Discuss the effects of brain metabolism on certain disorders and reinvention of management strategies.
- **Problem Behavior ~ Jen and Mike Frakes**
A question and answer session about problem behaviors as seen by a Behavior Analyst and a parent; topics include function vs. topography, assessments, treatment options, and audience concerns.
- **The Most Overlooked Piece of the Transition Plan ~ Darcy Contri and Violet Wiker**
Health Care transition is crucial for individuals with disabilities yet it is often overlooked; gain tips for a successful and healthy transition.
- **ExtraOrdinary Parent Advocacy ~ Aubrie and Michele Westmaas**
Learn where to find the answers, when and how to speak up, how to join with other parents, and when/how to file a complaint.
- **Estate Planning with Special Needs Trusts ~ Timothy J. Rigby**
Protect your child's future. Learn how a Special Needs Trust can help.
- **Transition Basics ~ Sangamon County Transition Planning Committee**
Review the four critical goals of transition, become familiar with legislation and understand the role of family members in the transition process.
- **Social Emotional Learning Standards ~ Sara Teeter**
This session will focus on the Social Emotional Learning Standards that were developed in Illinois in 2004. It will break down the 3 goals of social emotional learning and the 5 competencies within them.

BREAKOUT SESSION 2

- **Parent Impact on Education and Advocacy: How to Help Your Child Reach Their Greatest Potential ~ Elizabeth Newton**
Speaker will share her experiences growing up in the special needs community, what she learned, and how she applies those lessons as she parents her own child with Down syndrome.
- **ADHD Assessment and Treatment ~ Melissa Fisher Paoni, Ph.D.**
Review of updated research regarding interventions for ADHD, as well as assessment protocol for diagnosis; will discuss practical treatment options for home and school.
- **The Worrier: Recognizing and Supporting Youth with Anxiety ~ Anna Hickey**
An overview of the types of anxiety disorders and how they may manifest in children and adolescents; we will discuss strategies to help youth cope with and manage anxiety at home and at school. Handouts and a list of additional resources and community agencies will be provided.
- **Don't Burn Your Bridges ~ Susy Woods**
How to work cooperatively with the school and get what your child needs to be successful even when difficulties arise; how to address problems in a non-combative way, even if the parents exercise their right to go to mediation and due process.
- **ExtraOrdinary Self-Directed IEPs ~ Aubrie and Michele Westmaas**
Participants will learn to empower students to recognize their gifts, understand their needs, and express their dreams and desires.
- **Legal Topics: Guardianship, ABLE Act and OBRA Payback Trusts ~ Timothy J. Rigby**
This session will focus on a variety of legal issues often facing families having a family member with a disability, including when, how (and why) to consider and implement guardianship, establishing and funding ABLE accounts and what to do if a person with a disability for some reason (e.g., through gift or inheritance) owns assets which results in their inability to receive governmental benefits.
- **A Gateway to Division of Rehabilitation Services ~ Sangamon County Transition Planning Committee**
We will review the process of opening a case and working with a counselor, look at the resources available through DRS and discuss appropriate paths for individuals.
- **Supports and Services for Students with Autism ~ District 186 Panel**
A panel of District #186 representatives will discuss roles of staff and the continuum of services provided to students with Autism.

PARENT LEADERSHIP SUMMIT (District 186 Parents Only)

Gain knowledge regarding leadership opportunities within the district and the community; build connections with other parents and leaders; provide feedback to district administrators regarding D2P10 and future Parent Leadership Summits.

Subject to change