

# March Support Group



## **BEST (Becoming Empowered and Successful Teens) and Parent Transition Support Group**

- No meeting in March
- For more information contact Pete at SCIL, 217 523-2587 v/tty

## **Heads Up Group (for those with a traumatic brain injury)**

- Sunday, March 18
- 2:00 p.m. to 4:00 at SCIL
- For more information contact Dave at SCIL, 217 523-2587 v/tty

## **MMC Rehab Grad Support Group**

- Monday, March 5
- 4:00 p.m. to 6:00 p.m.
- Support group is at Memorial Center
- For more information call 217 788-3461 or Memorial Rehab Services at 217 788-3300.

## **Post-Polio Group**

- Saturday March 17
- 10:00 to noon at SCIL
- For more information contact Pete at SCIL, 217 523-2587 v/tty



**SPRINGFIELD CENTER FOR  
Independent Living**

330 S. Grand Avenue West  
Springfield, IL 62704

For further information about any support groups, or if Braille, large print, or an interpreter are needed, please contact SCIL at 523-2587 V/TTY two weeks in advance.