



## May Support Group Lists



### Heads Up Group (for those with a traumatic brain injury)

- ✿ Sunday, May 19
- ✿ 2:00 p.m. to 4:00 at SCIL
- ✿ For more information, contact Dave at SCIL, 217 523-2587 v/tty

### Post-Polio Group

- ✿ Saturday May 18
- ✿ 10:00 to noon at SCIL
- ✿ For more information, contact Starla at SCIL, 217 523-2587 v/tty

### MMC Rehab Grad Support Group

- ✿ Monday, May 6
- ✿ 4:00 p.m. to 6:00 p.m.
- ✿ Support group is at Memorial Center
- ✿ For more information, call 217 788-3461 or Memorial Rehab Services at 217 788-3300.



**SPRINGFIELD CENTER FOR  
Independent Living**  
330 S. Grand Avenue West  
Springfield, IL 62704

For further information about any support groups, or if Braille, large print, or an interpreter are needed, please contact SCIL at 523-2587 V/TTY two weeks in advance.