



October Support Group



(Becoming BEST Empowered and Successful Teens) and Parent Transition Support Group

- ✿ No meeting in October
- ✿ For more information call Pete, 217 523-2587 v/tty

Heads Up Group (for individuals with traumatic brain injuries)

- ✿ Sunday, October 15
- ✿ 2:00 to 4:00 pm at SCIL
- ✿ For more information call Dave at 217 523-2587 v/tty

Post Polio Group

- ✿ No meeting in October Call
- ✿ **Pete, 217523-2587** for more information

Memorial Center Support Group

- ✿ Monday, October 2
- ✿ 4:00 p.m. to 6:00 p.m.
- ✿ Support group is at Memorial Center
- ✿ For more information call 217 788-3461 or Memorial Rehab Services at 217 788-3300.



**SPRINGFIELD CENTER FOR
Independent Living**
330 S. Grand Avenue West
Springfield, IL 62704

For further information about any support groups, or if Braille, large print, or an interpreter are needed, please contact SCIL at 523-2587 V/TTY two weeks in advance.