



September

Support Group

BEST (Becoming Empowered and Successful Teens) and Parent Transition Support Group

- ✿ No meeting this month
- ✿ Call SCIL, 217-523-2587 v/tty for more information

Post Polio Group

- ✿ Saturday, September 23 at noon
- ✿ at the home of Carol Aufmuth, 2323 Lynn Haven Road Springfield.
- ✿ Carol will provide the table service, drinks and meat; please bring a dish to share.
- ✿ RSVP to Carol at 546-0507



**SPRINGFIELD CENTER FOR
Independent Living**

330 S. Grand Avenue West
Springfield, IL 62704

Memorial Rehab Services Support Group

- ✿ Monday, September 4
- ✿ 4:00 p.m. to 6:00 p.m.
- ✿ Support group is at Memorial Medical Center, Conference Room B149, on the first level.
- ✿ For more information call 217 788-3461 or Memorial Rehab Services at 217 788-3300.

Heads Up Group (for individuals with traumatic brain injuries)

- ✿ Sunday, September 10, 1:00 p.m. to 3:00 p.m.
- ✿ Lincoln Park, Picnic Area 7 (shelter with picnic tables)
- ✿ IMPORTANT! RSVP with Dave Munroe at 217-523-2587 by Tuesday, September 5th at 5:00 p.m. as we must order the food ahead of time and need as accurate a count as possible.
- ✿ Chicken will be provided. Bring your favorite side dish to share

For further information about any support groups, or if Braille, large print, or an interpreter are needed, please contact SCIL at 523-2587 V/TTY two weeks in advance.