

# YOUTH TRANSITION NEWSLETTER

Winter 2016

## SUPPORT GROUPS

The Youth Transition Specialist and the District 186 Parent Mentor, Ms. Mary Wyman, continue to host the Support Groups for Teens/Young Adults and Parent 2 Parent (P2P), which are sponsored jointly by SCIL and District 186. With input from parents, SCIL and District 186 strive to address topics that are of interest to every teen/young adult with disabilities and their parents in Springfield and area wide school districts. Future topics will be determined by those teens/young adults and parents who attended the previous month's meetings.

The Teen/Young Adult Support group continues to be for any teen/young adult with a disability between the ages of 14-21. P2P will be part of this support group meeting and is for any parent who has a student with a disability in Springfield and surrounding area school districts. These meetings are a good way to socialize, develop new friendships, share stories and connect with others. Meetings are for any teens/young adults with disabilities and parents; family members interested in learning more about transition topics are always welcome to attend. Child care will be provided from 6:00 to 7:30 p.m. but you must pre-register your child for this service. Light refreshments are provided. Please watch your mail for announcements of the topics for future support group meetings.

All meetings will be conducted at Lawrence Education Center located at 101 E. Laurel St. from 6:00 to 7:30 on the third Thursday of the month, unless otherwise announced.

Please contact Carolyn Thorpe, SCIL Youth Transition Specialist, at 523-2587 v/tty, or Mary Wyman, District 186 Parent Mentor, at 525-3060, at least two days in advance before attending any meetings. The next meetings of the 2015-2016 school year are scheduled for **January 12, February 9 and March 8, 2016**. If you have any questions, please contact Carolyn at 523-2587 v/tty. I look forward to welcoming returning and new parents and teens to this group!

**SCIL will be closed on**  
January 18, 2016 - MLK Day  
February 12, 2016 - Lincoln's Birthday  
February 15, 2016 President's Day

# RUBIN

# LAW

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Our law practice is limited to "special needs legal and future planning" for our fellow Illinois families of individuals with special needs, including, but not limited to, intellectual disabilities, developmental disabilities, and/or mental illness.  
(Attorney memberships include the Special Needs Alliance and the Academy of Special Needs Planners)

## HEALTH INSURANCE FOR PARENTS OF ADULT CHILDREN WITH SPECIAL NEEDS (215 ILCS 5/356b)

- (a) This Section applies to the hospital and medical expense provisions of an accident or health insurance policy.
- (b) If a policy provides that coverage of a dependent person terminates upon attainment of the limiting age for dependent persons specified in the policy, the attainment of such limiting age does not operate to terminate the hospital and medical coverage of a person who, because of a handicapped condition that occurred before attainment of the limiting age, is incapable of self-sustaining employment and is dependent on his or her parents or other care providers for lifetime care and supervision.
- (c) For purposes of subsection (b), "dependent on other care providers" is defined as requiring a Community Integrated Living Arrangement, group home, supervised apartment, or other residential services licensed or certified by the Department of Human Services (as successor to the Department of Mental Health and Developmental Disabilities), the Department of Public Health, or the Department of Healthcare and Family Services (formerly Department of Public Aid).
- (d) The insurer may inquire of the policyholder 2 months prior to attainment by a dependent of the limiting age set forth in the policy, or at any reasonable time thereafter, whether such dependent is in fact a disabled and dependent person and, in the absence of proof submitted within 60 days of such inquiry that such dependent is a disabled and dependent person may terminate coverage of such person at or after attainment of the limiting age. In the absence of such inquiry, coverage of any disabled and dependent person shall continue through the term of such policy or any extension or renewal thereof.
- (e) This amendatory Act of 1969 is applicable to policies issued or renewed more than 60 days after the effective date of this amendatory Act of 1969.

(Source: P.A. 95-331, eff. 8-21-07.)

## Financial Education / Financial Literacy

Many financial literacy curricula are available through the internet. Here are a few excellent sites with materials that are all free.

### **Money Smart for Adults**

The Money Smart curriculum is made up of 11 training modules that cover basic financial topics developed by the FDIC. Features include a teacher's guide complete with exercises. PowerPoint and pdf files and a student guide with tools are available. Each module is 1-2 hours and all the material is free with no copyright rules.

To learn more or to download the material visit [www.fdic.gov/consumers/consumer/moneysmart](http://www.fdic.gov/consumers/consumer/moneysmart)

### **High School Financial Planning Program**

The High School Financial Planning Program is a turnkey financial literacy program developed by the National Endowment for Financial Education. The curriculum focuses on personal finance skills that are relevant to pre-teens, teens and young adults. Organized into six module topics (planning, borrowing, earning capability, investing, financial services, and insurance), the program includes six topical Student Guides, an assortment of 45-minute teacher lesson plans, and a growing collection of online resources and learning activities. All the material is FREE.

To learn more or to download the material visit [www.hsfpp.nefe.org](http://www.hsfpp.nefe.org)

### **Practical Money Skills for Life**

The Practical Money Skills for Life curriculum has been developed by Visa. The lesson plans are tailored toward different audiences and can be downloaded for FREE for Pre-K through Grade 12 as well as college and special needs populations. The lesson plans include 10 presentations with corresponding teacher's guide, student's guide and exercises.

To learn more or to download the material visit [www.practicalmoneyskills.com](http://www.practicalmoneyskills.com)

### **Financial Fitness for Life**

Financial Fitness for Life is a comprehensive personal finance curriculum for K-12 students that teaches students how to make thoughtful, well-informed decisions about important aspects of personal finance, such as earning income, spending, saving, borrowing, investing, and managing money. It was developed by the Council for Economic Education.

Materials are available in four grade levels: K-2, 3-5, 6-8, and 9-12 with a teacher guide and student guide that work in tandem. Corresponding parent guides (available in English and in Spanish) for the K-5 and 6-12 grade levels contain activities to extend learning into the home. All material is FREE.

To learn more or to download the material visit [www.fffl.ncee.net](http://www.fffl.ncee.net)



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To reduce costs, SCIL would like to send all newsletters via e-mail. Please e-mail me at [cthorne@scil.org](mailto:cthorne@scil.org) if you would like to receive this newsletter via e-mail.



Inside this Newsletter:

- Support Groups
- Health Insurance from Rubin's Law
- Financial Education/Financial Literacy

If you have any questions or need this newsletter in an alternative format - Braille, large print, or audio-cassette - please call Carolyn at 523-2587 v/tty.

SCIL provides the following services:

Independent Living Skills Training  
Personal Assistant Services  
Volunteer Opportunities  
Information & Referral  
Employment Resources  
Reintegration Services  
Access Coordination  
Youth Transition  
Support Groups  
Peer Counseling  
& Advocacy

SCIL does not discriminate against anyone on the basis of disability, race, age, sex, religion, national origin, marital status, sexual orientation, or veteran status.