



## February Support Group



### **BEST (Becoming Empowered and Successful Teens) and Parent Transition Support Group**

- ♥ Saturday, February 24
- ♥ 8:00 a.m. to 12:30 p.m.
- ♥ Springfield Southeast High School, 2350 E. Ash Street, Springfield, IL
- ♥ 10<sup>th</sup> Annual Disability to Possibility (Free Conference)
- ♥ Register online at <http://www.sps186.org>
- ♥ For more information please contact Linda at SCIL, 217 523-2587 v/tty

### **Heads Up Group (for those with a traumatic brain injury)**

- ♥ Sunday, February 18
- ♥ 2:00 p.m. to 4:00 at SCIL
- ♥ For more information contact Dave at SCIL, 217 523-2587 v/tty

### **Memorial Center Support Group**

- ♥ Monday, February 5
- ♥ 4:00 p.m. to 6:00 p.m.
- ♥ Support group is at Memorial Center
- ♥ For more information call 217 788-3461 or Memorial Rehab Services at 217 788-3300.

### **Post-Polio Group**

- ♥ Post-Polio Group will not meet in February
- ♥ For more information contact Pete at SCIL, 217 523-2587 v/tty



**SPRINGFIELD CENTER FOR  
Independent Living**

**330 S. Grand Avenue West  
Springfield, IL 62704**

For further information about any support groups, or if Braille, large print, or an interpreter are needed, please contact SCIL at 523-2587 V/TTY two weeks in advance.